

CARTERET COUNTY FARM STANDS



CRYSTAL COAST
produce



FOR YOUR HOME GARDEN:
CRYSTAL COAST GROWN
VEGETABLE and HERB
SEEDLINGS



EDGEWATER GARDENS

Robin Pitten
358 Hwy 70E
Williston, NC
(252) 729-1842



NEWPORT GARDEN CENTER

Wally Emory &
Heidi Skinner
291 Chatham Street
Newport, NC
(252) 223-4120



THE PLANT STAND at FRIENDLY MARKET

Greg & Jackie Garner
205 Friendly Road
Morehead City, NC
facebook.com/theplantstandatthefriendlymarket



REDFEARN'S NURSERY, INC

Allan & Judy Redfearn
1018 Cedar Point Blvd
Hwy 24
Cedar Point, NC
(252) 393-8243

FRESH HARVEST DATES for VEGETABLES in CARTERET COUNTY

Farmers and gardeners in Carteret County are able to harvest fresh, healthy vegetables almost every month of the year. Some vegetables grow best in the cool, shorter days of late winter and early spring, others need warm summer soils, and some prefer that time when summer begins to fade to fall. This chart helps you understand which vegetables are freshly harvested and ready for your table each month of the year here in Carteret County.

If you want to preserve any of these vegetables while they are fresh and abundant, consider canning, freezing or pickling. Find out all you need to know at www.nchfp.uga.edu

For more information and classes about gardening, or food production, preparation, and preservation, plus health and nutrition, go to the Carteret County Cooperative Extension's website: <http://carteret.ces.ncsu.edu>

VEGETABLES		MAR	APR	MAY	JUN	JULY	AUG	SEPT	OCT	NOV	DEC	JAN	FEB
SPRING CROPS SEASON	ASPARAGUS	●	—	●									
	KALE	●	—	●	—	●							
	TURNIP & MUSTARD GREENS	●	—	●	—	●							
	KOHLRABI	●	—	●	—	●							
	LETTUCES	●	—	●	—	●							
	BEETS & RADISHES	●	—	●	—	●							
	COLLARDS, CHINESE CABBAGE	●	—	●	—	●							
	ONIONS	●	—	●	—	●							
	PEAS (ENGLISH, SNAP, SNOW)	●	—	●	—	●							
	BROCCOLI, CABBAGE	●	—	●	—	●							
	TURNIPS	●	—	●	—	●							
	STRAWBERRIES	●	—	●	—	●							
LEEKs	●	—	●	—	●								
POTATOES	●	—	●	—	●								
SUMMER CROPS SEASON	GREENHOUSE TOMATOES & CUCUMBERS		●	—	●								
	SUMMER SQUASH (ZUCCHINI, YELLOW, PATTY PAN)			●	—	●	—	●					
	CUCUMBERS (SLICING AND PICKLING)			●	—	●	—	●					
	SNAP BEANS (GREEN BEANS)			●	—	●	—	●					
	SWEET CORN			●	—	●	—	●					
	MELONS (CANTELOPE & OTHERS)			●	—	●	—	●					
	OKRA			●	—	●	—	●					
	TOMATOES, PEPPERS & EGGPLANT			●	—	●	—	●					
	FIELD PEAS (COWPEAS)			●	—	●	—	●					
	HERBS & FLOWERS			●	—	●	—	●					
	WATERMELON			●	—	●	—	●					
	SWEET POTATOES			●	—	●	—	●					
FALL/WINTER CROPS SEASON	KALE								●	—	●		
	MUSTARD GREENS								●	—	●		
	TURNIPS & RUTABAGAS								●	—	●		
	COLLARDS								●	—	●		
	CABBAGE								●	—	●		
	BROCCOLI & CAULIFLOWER								●	—	●		
	WINTER SQUASH (BUTTERNUT & ACORN)								●	—	●		
PUMPKIN								●	—	●			

Choose a month and slide your finger down to see what vegetables are being harvested that month.

Choose a vegetable and slide your finger across to find the month when it will be ready.



for more information go to: <http://carteret.ces.ncsu.edu>



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| <p>1. GARNER FARMS
Newport: 173 Sam Garner Road
New Bern: 501 Garner Road</p> <p>2. GRAY'S PRODUCE
Newport: 228 Shore Road
Beaufort: Beside Burger King, Hwy 70
(in front of Ace Hardware)</p> | <p>3. GUTHRIE FARM PRODUCE
5417 Highway 24, Newport</p> <p>4. JW MERRELL FARM
1725 Highway 101, Beaufort</p> <p>5. MEADOWS FARM
603 Highway 24, Cedar Point</p> | <p>6. SIMPSON'S FARM
743 Highway 70, Bettie</p> <p>7. WILLIS FARM
575 East Chatham Street, Newport</p> <p>8. WINBERRY FARM PRODUCE
1006 Cedar Point Blvd, Cedar Point</p> |
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There is a certain satisfaction, even joy, that comes when you select good food from a bin of vegetables harvested that same morning. It just feels right to hunt for and gather up the best from each new season to feed yourself and your family. It's easy to get that feeling here at the Crystal Coast. Let us introduce you to your local farmers, and teach you which vegetables and fruits they are harvesting each month of the year.

Planting your own garden?

Meet the folks that grow seedlings for you, right here in Carteret County.



*Dates of operation for all stands are approximate, as the seasons for berries and vegetables changes from year to year based on the weather.

MARKETS OFF FARM

These intimate markets feature some vegetables and herbs, baked goods, jams and jellies, and crafts. Each may have offerings of county, regional or state produced honey, cheese, seafood, or other foods.

Olde Beaufort Farmers' Market

Beneath the live oaks at the County Courthouse in downtown Beaufort. Saturday mornings April-December. www.beaufortfarmersmarket.com

The Curb Market

Corner of 13th and Evans St, Downtown Morehead City. Open for the season 1st Saturday in May through Labor Day. Open every Saturday from 7:30 - 11:30.

The Friendly Market

205 Friendly Road, Morehead City - Corner of Friendly Road and Bridges Street. Open 7 days a week. www.thefriendlymarket.com

OTHER EDIBLE CRYSTAL COAST PRODUCTS

CHICKEN

Yellow Bear Farm

2712 US Highway 70 East, Beaufort
Yellow Bear Farm is owned and operated by Kelly Johnson and Erica Bondy. They raise chickens on pasture for meat and eggs and do all processing on-farm. Erica and Kelly sell their products at the Olde Beaufort Farmers' Market from April-December, but you can contact them to arrange to buy products from the farm when the market is not open. You can find Yellow Bear Farm on Facebook: facebook.com/YellowBearFarm or call (503) 791-9747



BEEF

Marshallberg Farm

811 Straits Road, Smyrna
Marshallberg Farm is certified organic by the USDA; the herd is certified grassfed by the American Grassfed Association. The black angus herd eats a variety of grasses and other forages. If needed, they are given hay in the winter but never fed grain or any other supplements, growth hormones or antibiotics. Find Marshallberg Farm online at: www.marshallbergfarm.com; email: marshallbergfarm@gmail.com; or call (252) 241-0033



SEAFOOD

Carteret Catch

Look for the Carteret Catch logo in local retail markets and restaurants. It is your guarantee of fresh, local seafood landed by resident commercial fishermen. www.carteretcatch.org



The mission of the Carteret Catch is to raise the visibility of local seafood and commercial fishing through public education and marketing.

Garner Farms

CLAYTON GARNER, JR



Newport: 173 Sam Garner Road, Newport, NC
New Bern: 501 Garner Road, New Bern, NC
OPEN April to Mid August & Early Sept thru October
Collards available Thanksgiving & Christmas seasons

At the Garner farm stands you will find their home grown strawberries, asparagus, snap beans, lima beans, beets, broccoli, cabbage, cantaloupe, carrots, cauliflower, collards, sweet corn, Chinese cabbage, slicing cucumbers, pickling cucumbers, eggplant, kale, kohlrabi, leeks, lettuce, mustard, okra, onions, peas – garden, snap and snow, field peas, hot peppers, sweet peppers, Irish potatoes, sweet potatoes, radishes, rutabagas, spinach, summer squash, winter squash, tomatoes, turnips, watermelons, and cut flowers. Garner Farms also has a bakery at the Newport location.

In addition, this farmer makes available vegetables grown by other Carteret County, North Carolina, and SC farmers and from the North Carolina State Farmers Market.

Guthrie Farm Produce

SHERRY GUTHRIE
and TAJUANA G. HILL



5417 Highway 24, Newport, NC
OPEN 1 week before Memorial Day (May) &
close 1 week after Labor Day (September)

At the Guthrie Farm Produce stand you will find home grown bush snap beans, bush lima beans, pole lima beans, beets, cantaloupes, collards, sweet corn, field peas (cowpeas) slicing and pickling cucumbers, okra, onions, sweet and hot peppers, Irish potatoes, sweet potatoes, summer squash, tomatoes and watermelons.

In addition this farm stand makes available vegetables grown by other Carteret County and North Carolina farmers, and from the North Carolina State Farmers Market.

Meadows Farm

JERRY MEADOWS



603 Highway 24, Cedar Point, NC
Next to Cedar Point BP and Grill on Highway 24
OPEN April thru December

At Meadows Farm Stand you will find home grown bush snap beans, pole snap beans, bush lima beans, beets, broccoli, cabbage, cantaloupes, collards, sweet corn, pickling cucumbers, slicing cucumbers, kale, leaf lettuce, head lettuce, mustard, okra, onions, English garden peas, snow peas, snap peas, field peas (cowpeas), sweet and hot peppers, Irish potatoes, sweet potatoes, pumpkins, radishes, rutabagas, spinach, summer squash, winter squash, tomatoes, turnips and watermelons.

In addition, this farmer makes available vegetables grown by other Carteret County farmers, NC farmers, SC farmers, and from the North Carolina State Farmers Market.

Willis Farm

ERNEST WILLIS



575 East Chatham Street, Newport, NC
OPEN April thru December

At the Willis' farm stand you will find home grown asparagus, green beans, lima beans, beets, broccoli, cabbage, cantaloupe, carrots, cauliflower, collards, sweet corn, Chinese cabbage, slicing cucumbers, pickling cucumbers, eggplant, kale, kohlrabi, leeks, lettuce, mustard, okra, onions, peas – both garden and snap, field peas, hot peppers, sweet peppers, Irish potatoes, sweet potatoes, pumpkins, radishes, rutabagas, spinach, summer squash, winter squash, tomatoes, watermelons, strawberries, and blackberries. Willis Farm also prepares fresh baked goods in the kitchen at the stand in Newport.

In addition, they make available vegetables grown by other Carteret County farmers, and from the North Carolina State Farmers Market.

Gray's Produce

RANDY GRAY



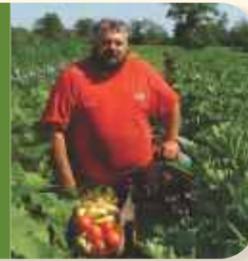
Friday afternoons and some Saturdays mornings
beside Burger King, HWY 70, Beaufort
(in front of Ace Hardware)

OPEN May thru July & Mid September thru December

At Gray's Produce stand you will find home grown bush snap beans, bush lima beans, beets, broccoli, cabbage, cantaloupes, cauliflower, collards, sweet corn, pickling cucumbers, slicing cucumbers, kale, mustard, okra, onions, snap peas, English garden peas, field peas (cowpeas), sweet and hot peppers, Irish potatoes, sweet potatoes, radishes, rutabagas, summer squash, field tomatoes, turnips and watermelons.

JW Merrell Farm

JW MERRELL



1725 Highway 101, Beaufort, NC
OPEN April to Labor Day, 6 days/week;
Labor Day to Christmas, 5 days/week

At the Merrell farm stand you will find home grown strawberries, green beans, beets, broccoli, cabbage, collards, slicing cucumbers, pickling cucumbers, kale, leeks, lettuce, mustard, okra, onions, English garden peas, snap peas, Irish potatoes, summer squash, turnips, herbs and cut flowers.

In addition, this farmer makes available a wide range of vegetables and fruit from other Carteret, North Carolina, SC and VA farmers, the State Farmers Market, and other commercial sources.

Simpson's Farm and Nannie's Bakery

GEORGE D. SIMPSON, SR.



743 Highway 70, Bettie, NC
about 2 miles east of Beaufort
OPEN April thru July 6 days/week
October thru December &
Mid January thru March: Wednesday - Friday

At the Simpson farm stand you will find home grown greenhouse tomatoes and cucumbers, broccoli, cabbage, cantaloupe, collards, leaf lettuce, okra, onions, sweet peppers, hot peppers, Irish potatoes, sweet potatoes, rutabagas, summer squash, and watermelons.

In addition, this farmer makes available vegetables grown by other Carteret County and North Carolina farmers.

Winberry Farm Produce

DAVID AND SARAH WINBERRY



1006 Cedar Point Boulevard, Cedar Point, NC
1 mile west of the intersection of Highways 24 and 58
in Cedar Point

OPEN Mid April thru Thanksgiving
Collards available in off season

At the Winberry's stand you will find home grown Bogue Sound watermelons, cantaloupes, tomatoes – both field grown and greenhouse, green beans, beets, broccoli, cabbage, collards, sweet corn, cucumbers, eggplants, lettuce, mustard, okra, onions, field peas, sweet peppers, hot peppers, Irish potatoes, sweet potatoes, radishes, summer squash, winter squash, and turnips.

In addition, this farmer makes available vegetables grown by other Carteret County and NC farmers, and from the North Carolina State Farmers Market.