



## CARTERET COUNTY HEALTH DEPARTMENT

3820 A Bridges Street  
 Morehead City, NC 28557  
 Phone (252) 728-8550 Fax (252) 222-7739  
[www.carteretcountync.gov](http://www.carteretcountync.gov)



### Behavioral Health/Substance Abuse Resources (Updated: 12/01/2021)

**\*Mobile Crisis Resources: Integrated Family Services Mobile Crisis (1-866-437-1821) and RHA Mobile Crisis (1-844-709-4097) \***

Behavioral Health Agencies in Carteret County, NC and the surrounding areas						
Name	Address	Phone Number	Hours	Website	Insurance	Special info regarding COVID *procedures or requirements
Access Family Services, Inc. (comprehensive clinical assessment, outpatient therapy, medication management, intensive in-home services, foster care, IAFT, day treatment)	1403 McCarthy Blvd. New Bern, NC 28562	Phone: (252) 633-3855  Fax: 252-633-1894 or (252) 633-1548	Monday - Thursday 8:00AM-5PM	<a href="http://www.accessfamilyservices.com">www.accessfamilyservices.com</a>	Medicaid BCBS Trillium (school-based counseling) Med cost *Accepts most insurances; Call for more information; Enhanced services billed through Medicaid funding, the client's Managed Care Organization	Many of the services are via tele-health technology (ZOOM)
Carolina Psychological Health Services (comprehensive psychological assessments, psychotherapy, psych diagnostic evaluations)	1703 Country Club Road, Suite 204, Jacksonville, NC 28546	Phone: (910) 347-3010  Fax: 910-347-6137	8am-5pm Monday-Friday	<a href="http://www.cphsnc.com">www.cphsnc.com</a>	Accept most insurances including those that are out-of-network, insurances that are in-network: Blue Cross Blue Shield (BCBS), Medicare, Tricare, Medcost	Offer and provide Tele-Health services to clients as well as answer incoming calls during normal business hours. Requiring masks and social distancing.
Carteret County Rape Crisis	300 Penny Lane,	Office Number: (252) 504-3668	Office hours: 9 AM-5 PM	<a href="https://www.carteretcountync.gov/460/Rape-Crisis">https://www.carteretcountync.gov/460/Rape-Crisis</a>	No insurance required;	Call and make appt. screening will be conducted

	Morehead City	ext. 5601  24 Hour Crisis Phone: 252-725-4040			Confidential and Free	In person sessions offered
Coastal Carolina Center for Women's Ministries	4366 NC-24, Newport, NC 28570	252-764-0722	Tuesday & Thursday 10am-4pm	<a href="https://cwmhope.org/locations/emerald-isle-nc-coastal-carolina-cwm/">https://cwmhope.org/locations/emerald-isle-nc-coastal-carolina-cwm/</a>	No insurance required; Free	Offering in person appointments, mask and hand sanitizer are offered and mask are optional
Coastal Carolina Neuropsychiatric Center (psychiatric intake assessments, medication management, psychotherapy, group therapy, psychological testing)	302 Penny Lane, Morehead City  200 Tarpon Trail, Jacksonville	Morehead Location: (252) 499-9412  Jacksonville Location: 910-938-1114 Fax: 910-938-1118	Morehead Location: Monday - Thursday - 8AM - 5PM Friday - Sunday: Closed  Jacksonville Location: Monday - Thursday 8AM-545PM Friday 8-12:45 Saturday & Sunday Closed	<a href="http://coastalcarolinapsych.com/">http://coastalcarolinapsych.com/</a>	Tricare, Medicare, Medicaid, Medcost, NC Health Choice, BCBS, Trillium, Alliance, Eastpointe, Partners, Sandhills, Vayu	CCNC offices require masks for patients age 5 years and older to be seen  Telehealth services as well as in-person services are both being offered
Down East Center for Women Ministry	Bridgeway Church Beaufort	252-504-2441	N/A	<a href="https://cwmhope.org/locations/beaufort-nc-down-east-cwm/">https://cwmhope.org/locations/beaufort-nc-down-east-cwm/</a>	No insurance required; Free	By appointment only
Easterseals UCP (intensive in-home services, therapeutic foster care)	2801 Neuse Blvd. New Bern NC, 28562	Phone Number 252-636-6007	Monday-Friday 9am-5pm	<a href="https://link.zixcentral.com/u/076c342e/dtVDxJKu6xGHdWkFh3soMg?u=https%3A%2F%2Fwww.easterseals.com%2FNCVA%2Four-programs%2Fchildrens-services%2Fchild-first-nc.html">https://link.zixcentral.com/u/076c342e/dtVDxJKu6xGHdWkFh3soMg?u=https%3A%2F%2Fwww.easterseals.com%2FNCVA%2Four-programs%2Fchildrens-services%2Fchild-first-nc.html</a>	Medicaid	Currently utilizing telehealth, with case by case basis for in-home services for Carteret, Craven, Jones, Onslow, and Pamlico counties
FACT Specialized Services, A program of Methodist Home for Children (Day treatment, Level III Residential Services, Outpatient Therapy)	120 Henderson Drive, Unit B, Jacksonville, NC 28546	910-346-3744	8am-2:30pm After School program goes until 6:00pm Group home open 24 hrs.	<a href="http://www.mhfc.org">www.mhfc.org</a>	Medicaid, Trillium, Alliance	No visitors allowed at group home

Greater Visions Behavioral Health (therapy, medication awareness/education, initial evaluations, medication management)	3820 Bridges Street, Suite B Morehead City, NC 28557	252-499-9637	Monday & Thursday 9am-3pm Tuesday & Wednesday 9am-4pm Friday 9am-1pm Saturday & Sunday Closed	<a href="http://ww7.greatvisionsbehavioralhealth.com/">http://ww7.greatvisionsbehavioralhealth.com/</a>	Aetna, BCBS, Cigna, Medicare, United, Tricare, Uninsured \$150 first visit and \$150 follow-ups	Medication management telemed Therapist offers in person sessions
Integrated Family Services (comprehensive clinical assessment, outpatient therapy, tele-med medication management)	3383 Henderson drive Jacksonville, NC 28546	Phone Number 910-939-6475 Fax 252-648-7950	Monday- Friday 8am-5pm Open access clinic: Tuesday-Friday 8am-12pm *no appt needed for Comprehensive Clinical Assessment (CCA)	<a href="http://www.integratedfamilyservices.net">www.integratedfamilyservices.net</a>	Medicaid, Medicare, Tricare, BCBS, Cigna, Aetna, Private, uninsured, United Health Care, Med Cost, Optimum Health, NC Health Choice, Humana	Telehealth offered but Jacksonville office is seeing patients face to face
LeChris Counseling Services, Inc. (comprehensive clinical assessment, outpatient therapy, medication management, intensive in-home services, PSR, Peer Support, IDD)	3332 Suite A Bridges Street, Morehead City, NC	252-726-9006	Monday- Friday 9am-5pm	<a href="http://www.lechris.com">www.lechris.com</a>	BCBS Federal and NC - (only for therapy), Medicaid (therapy and medication management), Medicare (only for medication management), Self- Pay options	Appointment only, offering in person care
One to One Counseling and Consulting, PLLC (comprehensive clinical assessment, outpatient therapy, group counseling)	3332 Bridges Street, Suite 3A, Morehead City	Phone: 1-888-557-1675 Fax: 252-648-7598	Monday - Friday 8am-8pm Saturday by appointment only	<a href="http://www.onetoone-cc.com">www.onetoone-cc.com</a>	BCBS, Medicaid, Medcost, Tricare Insurance is not applicable for life coaching sessions.	Face masks and hand sanitizer provided
PORT Health Services (assessment, outpatient therapy, substance abuse treatment, medication management)	3715 Guardian Avenue, Morehead City, NC	Phone: 252-222-3144 Fax: 252-222-3358	Monday-Friday 8am-5pm	<a href="http://www.porthhealth.org">www.porthhealth.org</a>	BCBS, Medcost, Medicare, Aetna, CIGNA, Tricare, Magellan, CHAMPVA, Humana, United Health Care, NCHC, Medicaid, State and self-pay	Telehealth and in-person services at this time

Pride in North Carolina, Inc. (comprehensive clinical assessment, outpatient therapy, medication management)	3886 Henderson Dr Jacksonville, 28546	Phone: 910-938-9833  Fax: 910-938-9835	Monday-Friday 8am-5pm	<a href="http://www.pridenc.com">www.pridenc.com</a>	Medicaid, state funded, BCBS, NC Health Choice, Medcost, WellCare, United Health, Healthy Blue, American Health, Carolina Complete Health	Telehealth AND in-person services available In Person services offered to clients with a mask on properly and who are symptom free at the time of their appointment
RHA Behavioral Health (comprehensive clinical assessment, outpatient therapy, group therapy, intensive in-home services)	1405-A South Glenburnie Road, New Bern	Phone: 252-638-7875  Fax: 252-638-7586	Monday- Friday 8am-5pm	<a href="http://www.rhahealthservices.org">www.rhahealthservices.org</a>	BCBS, Tricare, United Health, Medicaid, State  No insurance required for Crisis.	Offers telehealth, Offers in person care
Sagestone, LCC (Mental and Behavioral Health Counseling, Substance Abuse Counseling, Life Coaching, Family/Relationship Support, ADHD Support. Individual, group, therapeutic retreats, professional, and contract services.)	8101 Suite B Emerald Drive (2 <sup>nd</sup> Floor), Emerald Isle	Phone: 252-515-0557  Fax: 252-376-1473	Tuesday-Friday 10am-7pm	<a href="http://www.sagestonenc.com">www.sagestonenc.com</a>	Offers fixed rates, flexible fees, sliding scale, and personalized payment arrangements. Can assist with out of - network claims submission, and have had success with reimbursement from Tricare, United Healthcare, Cigna, and some Blue Cross Blue Shield Plans. Cannot file claims for Medicare or Medicaid	Following COVID-19 precautions
South mountain Children & Family Services	810 Arendell Street Morehead City, NC 2855	Phone Number (252) 499-9598	8am-5pm Monday-Friday	<a href="http://www.carteretcac.org">www.carteretcac.org</a> Email: <a href="mailto:Carteretcac@southmountain.org">Carteretcac@southmountain.org</a>	Health Choice, Tricare, Trillium, BCBS, and all other major insurances	Face masks required and hand sanitizer offered
Substance Abuse and Mental Health Services Administration (SAMSHA) (behavioral health resource finder)	None listed	800-622-4357	N/A	<a href="https://www.samhsa.gov/find-help">https://www.samhsa.gov/find-help</a>	No insurance required. Free	Following OCVID-19 Precautions

Timber Ridge Treatment Center (Male youth ages 12-17 years old, rehabilitation through therapeutic camping)	665 Timber Trail, Gold Hill, NC 28071	(704)-279-1199	Monday-Friday 9am-5pm	<a href="http://www.trtc.net">www.trtc.net</a>	<b>Medicaid, Health Choice, Trillium and Beacon Health;</b> Call for more information	Residential facility operating with COVID precautions
Trillium Health Resources (screening, triage, referrals)	3820-B Bridges Street, Morehead City  Corporate Office 201 West First Street Greenville, NC 27858	Phone Number 1-866-998-2597  24 Hour Access to Care Line (toll free for members) 1-877-685-2415	Greenville NC office Monday-Friday 8:30 am-5pm	<a href="http://www.trilliumhealthresources.org">www.trilliumhealthresources.org</a>	Medicaid and individuals without any insurance	Face masks and hand sanitizer offered
Costal Southeastern United Care (Child, Adolescent and Adult Behavioral Health) *Offers community (home-based) services	305 Commerce Ave Suite 102, Morehead City	252-773-0195	Monday-Friday 8am-5pm	<a href="https://cseuc.org/">https://cseuc.org/</a>	Medicaid and uninsured individuals	Masks are required. Virtual/office options are available.

**Psychologists and Private Counselors in Carteret County, NC and the surrounding areas**

<b>Name</b>	<b>Address</b>	<b>Phone Number</b>	<b>Hours</b>	<b>Website</b>	<b>Insurance</b>	<b>Special info regarding COVID *procedures or requirements*</b>
Temple Berry, MSW, LCSW (IntraCoastal Counseling; adult, adolescent, individual, couples and family counseling)	638 West Corbett Avenue Suite C, Swansboro	Phone: (252) 571-7235  Fax: (252) 631-0344	8am-8pm Monday through Thursday	N/A	BCBS, Tricare, VA, Self-pay; Call for more information	All sessions are virtual via Telehealth
Mark Besen, PhD, Psychological Services (Neuropsychological & Psychological Testing ages 8 and up)	215 N 35 <sup>th</sup> Street Suite 1 Morehead City, NC 28557	Phone: 252-207-0545  After hours phone number: (856) 701-1228	N/A	<a href="https://www.mbpsychservices.com/">https://www.mbpsychservices.com/</a>	Medicare, Medcost, BlueCross BlueShield, Tricare, United Healthcare and Discounted Self- Pay, Major credit cards (Visa, MasterCard, American Express, Discover)	Covid-19 precautions
Chris Boyle, HSP-PA (Clinical and Forensic Associates PLLC)	318-A East Main Street, Havelock	252-571-7792	Office only open on Friday 9am-5pm Monday-Friday call center	N/A	Medicaid, NC Health Choice, Self-pay	telehealth not offered

Dizy Brown, MED, LPC, DCEP (counseling for individuals, couples, teenagers)	812 Arendell Street suite B, Morehead City 28557	252-503-5143	10am-5pm Monday-Thursday Friday by appointment only	N/A	Aetna, BCBS, Medcost (out- of-network), Medicaid (managed pay plans) , Self-pay, Tricare (prime with referral and out-of-network), United Behavioral Health	Requiring masks for nonvaccinated individuals. Following CDC COVID-19 guidelines.
Ray Conner, LPCA (New Life Counseling)	5058 Hwy. 70 West, Morehead City	252-241-7395  Email: newlifecounseling17@gmail.com	Appointments available on Monday and Tuesday 5:00pm-7:30 pm Wednesday 5:15pm-6:30pm Friday from 9:00am-12:00pm	N/A	Cigna, BCBS (in network), self-pay; in network Tricare, Aetna Call for more information	Uses telehealth appointments when needed
Kathleen Ellers, MS, LPCS (Children, adolescents and adults)	812 B Arendell St. Morehead City, NC 28557	252-670-4720  Email: Kathleen.ellers@kathleenellersslpc.hush.com	N/A	<a href="https://moreheadcitycounseling.com/">https://moreheadcitycounseling.com/</a>	BCBS, Tricare, Medcost, Aetna Self-pay	Not accepting new clients at this time
Jo Ann Garner-McGraw, PhD (Individual and family therapy services, child and adult)	142 Fairview Drive, Emerald Isle, NC 28594	252-354-7661	By appointment	N/A	Self-pay	Requiring masks. Following CDC COVID-19 guidelines.
Wendy Maddox, LCSW (trauma and attachment services, play therapy)	806 Arendell Street, Morehead City	252-723-9775	10am-6pm Monday through Thursday	N/A	Medicaid, Medcost, BCBS, United Healthcare, Aetna	Requiring masks, Signed COVID consent form
Maureen Migliore, LPA (Ole Town Counseling and Assessment Services)	601 Cedar Street, Suite 5, Beaufort NC 28516	Phone: 252-838-1605 Fax: 252-728-6717	temporarily closed	<a href="http://www.oletownecounseling.com">www.oletownecounseling.com</a>	BCBS (State & Federal), Medcost, NC Health Choice, Medicaid, Any co-pays are due at the time of visit	telehealth platform beginning march 24th
Lisa Miller, LPC (Clinical and Forensic Associates PLLC)	318-A East Main Street, Havelock, NC	252-670-4850	Monday, Tuesday, Thursday, Friday 10am-7pm	N/A	BCBS, Cigna, Aetna, Medicaid, NC Health Choice, All Medicaid options Self-pay	Social distancing, masks required, telehealth available

Pam Muñoz, LCSW (individuals, couples and family therapy)	812 Arendell st Morehead City	252-622-9310  Fax: 252-222-3100	Monday- Friday 9am-5pm	Email: pmunoztherapy@gmail.com	BCBS, Medcost, Medicare, Tricare	As of now only offering telehealth Hybrid of in-person coming soon
Psychological/Therapeutic Resources (Outpatient therapy, AD/HD, Autism Spectrum Disorder, Psychological Testing, Grief Counseling, Problem Gambling)	504 Pollock Street, New Bern  210 Stonebridge Square, Havelock	New Bern: Phone: 252-638-3881 Fax: 252-638-8820  Havelock: Phone: 252-447-4151	Monday-Thursday 9am-5pm  Friday 9am-12pm	<a href="http://www.ptrnewbern.com/">http://www.ptrnewbern.com/</a>	BCBS, Self-pay, Tricare, Medcost, Medicare, Aetna	Offers telehealth after first appointment
Pat R. Robbins, MA, PhD (Eastern Carolina Psychiatric Services) talk therapy medication management	2800 Village Way, Trent Woods	Phone: 252-637-7300 Fax: 252-637-1772	Monday-Thursday 8:00am-5:00pm  Friday 8:00am-4:30pm  Sat-Sun Closed	<a href="http://www.ecps2800.com">www.ecps2800.com</a>	Medicaid, Medicare, State, Tricare, BCBS, NC Health Choice, Self-Pay; Other Commercial Insurances	Offers telehealth for established patients
Terry Robertson, LCSW (individual psychotherapy, family counseling, marriage counseling, Board- certified clinical hypnosis)	3002 Bridges Street, Morehead City	252-247-7090 (Number not in service)	N/A	N/A	Self-pay. All sessions are paid in full and then insurance is filed for reimbursement after deductible is met.	Face masks for unvaccinated
Julie Sandine, LCSW (Greater Visions Behavioral Health)	3820 Bridges Street, Suite B, Morehead City	252-222-0854	Monday-Friday 8am-5pm	N/A	Aetna, BCBS, Cigna, Medicare, Medicaid, Trillium, United Healthcare, Tricare, or self-pay	Following COVID-19 protocols
Glenda Self, LPC (Mainly pre-school children and family therapy, also home-based therapy) Better Beginnings	209 N. 35 <sup>th</sup> Street, Suite B, Morehead City	252-723-5807  Fax: 252-499-9732	By appointment	<a href="http://carteretkids.org/">http://carteretkids.org/</a> (see home-based family therapy)	Medicaid, Most insurance except VA and Tricare, Self-Pay, Grant Funds available to eligible recipients	Offers virtual or telehealth appointments
Susan Sullivan MSW, LCSW PLLC (individual, family & couples' therapy)	East Coast Square- East 4218 M Arendell Street Morehead City	252-422-1655	N/A	N/A	Self- Pay	Face masks for unvaccinated

Judy Terrell, LMFT (couples, children, adult counseling)	N/A	252-422-2403	By appointment	N/A	BCBS, Private Pay	COVID-19 precautions
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**Substance Abuse Treatment Providers/Assistance in Carteret County, NC and the surrounding areas**

<b>Name</b>	<b>Address</b>	<b>Phone Number</b>	<b>Hours</b>	<b>Website</b>	<b>Insurance</b>	<b>Special info regarding COVID *procedures or requirements</b>
Alcoholics Anonymous (12-step recovery)	Online Donation Address District One, Area 51 P.O. Box 652 Morehead City, NC 28557	901-201-7915  A.A. Hotline (252) 726-8540	Meetings are listed on the website.	<a href="http://www.carteretcountyaa.org">www.carteretcountyaa.org</a>	No insurance required	Online and in-person meetings
Al-Anon and Alateen (12-step recovery for families and teens)	Online	1-800-344-2666	Local meetings information can be found on their website or by calling their office.	<a href="http://ncbermudaafg.org">http://ncbermudaafg.org</a>	No insurance required	Online and in-person meetings.
Brynn Marr Hospital (detoxification and in-patient treatment)	192 Village Drive, Jacksonville, NC	910-577-1400	24 Hours a day, 7 days a week	<a href="http://www.brynnmarr.org">www.brynnmarr.org</a>	BCBS, Tricare, Medicaid, Medicare, Medcost, United, Aetna, Cigna, UBH, Health Choice, Magellan, most managed care plans	If being transferred from another facility they have to have a negative test result from that facility before patient is admitted  if a walk-in, a rapid test is administered before patient is admitted
Carteret Counseling Services, Inc. (drug/alcohol assessments (ages 18+), outpatient and intensive outpatient group therapy)	105 N 10 <sup>th</sup> Street, Morehead City, NC	252-247-1109	Monday-Friday 9am-5pm	N/A	Medicaid, Tricare, State, Self-pay	Face masks required for unvaccinated



Community Prevention Services, Inc.	2444 Commerce Road, Jacksonville, NC 28546	910-353-0972	Monday-Friday 8am-5pm	<a href="https://communityprevention.webs.com/">https://communityprevention.webs.com/</a>	No insurance required. Free services	Telehealth and in-person services available Masks must be worn to in-person services
David J. Ellis, LPCS, LCAS David L. Ellis, LCSW (Substance Abuse and Mental Health Services Individual, Couples and Family Counseling Assessment, Outpatient Services)	318-A East Main Street, Havelock NC	252-646-1171	Monday-Friday 9am-5pm	<a href="http://www.elliscounseling.com/">http://www.elliscounseling.com/</a>	BCBS, Tricare, Medicare, Medicaid, All major insurances  \$65 an hour for self-pay	All appointments through telehealth
Carteret Counseling Services (Substance abuse rehab services)	105 North 10th Street Suite 6, Morehead City, NC 28557	252-247-1109	Monday-Friday 9am-5pm By appointment only	N/A	Self-pay	In-person sessions only, No telehealth options available
Family Medicine and Rehabilitation Center	210 Penny Ln, Morehead City, NC 28557	252-499-9021	Monday - Thursday 9am-5pm  Friday 10am-2pm (no appts on Fridays, but line is open for questions and scheduling throughout the rest of the week)	<a href="http://www.fmrclinics.com">www.fmrclinics.com</a>	All major medical insurance, Tricare, including Medicaid and Medicare	Telehealth and in-person options available  Masks are required for in-person appointments
Hope Recovery Homes, Inc. (men's and women's substance abuse recovery residential houses)	P.O. Box 627 Morehead City NC 28557	Phone Number: 252-515-6976  Fax: 252-622-4839	9am-4pm Monday through Friday	<a href="http://www.hoperecoveryhomes.org">www.hoperecoveryhomes.org</a>	Call their office for location and insurance information. For more information about their application process, visit their website.	Following covid-19 precautions
Loaves and Fishes Counseling (assessments, individual and group counseling, support groups; inpatient and outpatient)	1730 Live Oak Street, Beaufort NC  P.O. Box 2535 Beaufort NC	252-838-9035	Office: Monday-Friday 8am-4pm	<a href="http://www.loavesandfishesnc.org">www.loavesandfishesnc.org</a>	1 <sup>st</sup> month- \$750 Each Additional Months- \$500  Insurance information will not be accepted at the beginning; a bill will be provided at the end of the stay. It can be presented to your insurance company.	Face masks and hand sanitizer offered

Peer Recovery Center - Mental Health Support Group	3900 Bridges St Morehead City, NC 28557	Phone Number: 252-222-3888  24 Hour Line: 252-269-5317	A schedule is available online on their website provided or you can call the number at any time for more information	<a href="https://www.rise4me.com/resources/peer-recovery-center-of-carteret-county/">https://www.rise4me.com/resources/peer-recovery-center-of-carteret-county/</a>	No insurance required. Free	N/A
The MirlAM (Women's drug and alcohol rehabilitation)	Morehead City (call if info is needed)  P.O. 162 Morehead City	Tami Thomas: Primary Contact 252-725-3030	24/7	<a href="http://www.themiriam.org">www.themiriam.org</a>	Monthly Fee - Varies, call for more information	Case by case procedure Call for more information
Morehead City Treatment Center	403 N 35th Street, Morehead City	252-773-0306	Monday-Friday: 5:30am-12pm Saturday - Sunday 7am-9am	<a href="http://www.moreheadcitytreatment.com">www.moreheadcitytreatment.com</a>	Medicaid, Medicare B, SOAR Grant	Following CDC Covid Guidelines
Morehead City Clinic: PORT (residential) (adolescent substance abuse treatment program)	3715 Guardian Ave Morehead City, NC 28557	252-222-3144	Monday-Friday 8am-5pm	<a href="https://porthealthservices.org/childadolescent-outpatient-treatment/port-residential/">https://porthealthservices.org/childadolescent-outpatient-treatment/port-residential/</a>	Aetna, BCBS, CHAMPVA, Cigna, Health Choice, Humana, Magellan, Medcost, Medicaid, Medicare, Self-pay, Tricare, United Health Care	Telehealth services only due to COVID-19, no in-person visits
RI International Dix Crisis Center (Recovery & Peer support)	215 Suite B Memorial Drive, Jacksonville NC	Phone Number: 910-378-4809	24 hours, 7 days a week	<a href="http://www.riinternational.com">www.riinternational.com</a>	Call for more information	Visitors allowed, masks required
Walter B Jones Alcohol and Drug Abuse Treatment Center	2577 West Fifth Street, Greenville	252-830-3426	Call for more information	<a href="https://www.ncdhs.gov/divisions/dsohf/walter-b-jones">https://www.ncdhs.gov/divisions/dsohf/walter-b-jones</a>	Sliding Scale, Medicaid, payment plans	N/A
Substance Abuse and Mental Health Services LOCATOR	N/A	1-800-622-4357	N/A	<a href="https://www.samhsa.gov/find-help/national-helpline">https://www.samhsa.gov/find-help/national-helpline</a>	N/A	N/A

**Community Health Resources in Carteret County, NC and the surrounding areas**

Name	Address	Phone Number	hours	Website	Insurance	Special info regarding COVID *procedures or requirements
The Bridge Downeast	1344 Island Road, Harkers Island, NC 28531	252-504-2581	Monday-Thursday 12:00pm-6:00pm	<a href="http://www.thebridgedowneast.com">www.thebridgedowneast.com</a>	Insurance not required Call for more information	Following COVID-19 guidance; wearing masks, social distancing
Carolina East Crossroads	2000 Neuse Blvd, New Bern, NC 28560	252-633-8111	N/A	<a href="http://www.carolinaeasthealth.com">www.carolinaeasthealth.com</a>	Call for more information	Following covid-19 guidance

Carteret Landing Assisted Living and Memory Care	221 Friendly Road, Morehead City	Phone: 252-773-0980 Fax: 252-773-0979	Open 24 hours	<a href="https://www.ridgecare.com/communities/carteret-landing-assisted-living/">https://www.ridgecare.com/communities/carteret-landing-assisted-living/</a>	Call for more information	By appointment only
Coastal Pregnancy Care Center	4050 Arendell St, Morehead City Suite I, NC 28557  P.O. Box 2306	252-247-2273  Email: cpccenter@hotmail.com	Monday-Wednesday: 9:00am – 4:30pm Thursday 9:00-5:30 Friday: 12:30 – 4:30	<a href="http://www.cpcccenter.org">www.cpcccenter.org</a>	No insurance required. Free	Call for appointment, walk-ins are welcome.
Creekside Recreational Therapy Services (&Wellness) (Recreational Therapy, Peer support and training)	P.O. Box 12153, New Bern	Phone: 252-349-0220 Fax: 252-514-9804 Email: Melissa.lewis@creeksiderts.org	Monday-Friday: 9:00am-5:00pm	<a href="http://www.creeksiderts.org">www.creeksiderts.org</a>	Self-pay; limited partial scholarships for some programs are offered	Registration required for programs
Domestic Violence of Carteret County	P.O. Box 2279, Morehead City, NC 28557	Phone Number: 252-726-2336  24/7 Hotline: 252-728-3788	Different times for different services (i.e. counseling services, support groups, etc.)	<a href="http://www.carteretdomesticviolence.com">www.carteretdomesticviolence.com</a>	Call for more information	Covid-19 precautions
Eastern Carolina Council Area Agency on Aging	233 Middle Street, Suite 300, Third floor O. Marks Building, New Bern, NC 28563  P.O. Box 1717	Phone: 252-638-3185 Ext. 3001  Fax: 252-638-3187  Email: eccadmin@eccog.org	N/A	<a href="http://www.eccog.org">www.eccog.org</a>	No insurance required; no cost for individuals 60+, caregivers of individuals 60+, or anyone with Alzheimer's/brain disease of any age	Following covid-19 precautions
Veterans Services of the Carolinas	3710 B John Platt Drive, Morehead City NC	252-728-8440	Monday-Friday 8:00am-5:00pm	<a href="https://www.carteretcountync.gov/159/Veterans-Services">https://www.carteretcountync.gov/159/Veterans-Services</a>	Call for more information	Vaccinated individuals are not required to wear a mask. Unvaccinated are required to wear a mask.

\*Email [jessica.vasquez@carteretcountync.gov](mailto:jessica.vasquez@carteretcountync.gov) or call, 252-728-8550, x5763, if you would like your information removed or if information needs to be added/updated\*