

ACTIVITIES SCHEDULE – DECEMBER 2023 (revised 11/29/2023)

Calendar subject to change without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EVERY WEEK	EVERY WEEK	EVERY WEEK	EVERY WEEK	EVERY WEEK
9:00 Arthritis Foundation Exercise Program 11:00 Flexercise 12:30 Bridge-Celebrity 1:00 Arthritis Foundation Exercise Program	9:00 Twisted Sisters 9:00 Tai Chi for Arthritis 9:00 Bridge-The Sands 10:15 Stretcherercise 10:30 WooBall 10:30 Yoga \$ (pre-register) 12:30 Bridge-Carteret 1:00 BINGO	9:00 Arthritis Foundation Exercise Program 10:00 Arts and Crafts 10:15 Stretcherercise 10:30 Senior Sing* 10:30 Chair Yoga 11:00 Flexercise 1:00 Arthritis Foundation Exercise Program 1:00 Canasta	9:00 Twisted Sisters 9:00 Tai Chi for Arthritis 10:00 Bible Study 10:15 Stretcherercise 12:30 Bridge – Chicago	9:30 Flex Friday 9:30 BINGO 11:00 Flexercise 12:30 Bridge – Friendly
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				8:30 Happy Feet Walking Club 7:00 Friday Night Dance
4	5	6	7	8
10:00 Leon Mann General Store 10:00 Bingocize 1:00 Mah Jong	10:00 Leon Mann General Store	10:00 Deck the Halls 9:00 Poker Lessons 12:00 Poker Game 12:00 Scrabble	9:30 NC Works Career 10:00 Bingocize	8:30 Happy Feet Walking Club 9:00 Senior Voice
11	12	13	14	15
10:00 Leon Mann General Store 10:00 Bingocize	10:00 Leon Mann General Store	10:00 ECH Chorus, Miss E’s Spirit Singers, & WOE 2nd Grade 9:00 Poker Lessons 12:00 Poker Game 12:00 Scrabble	10:00 Bingocize 1:00 Mexican Dominos	8:30 Happy Feet Walking Club 7:00 Friday Night Dance

18 10:00 Leon Mann General Store 10:00 Bingocize 1:00 Mah Jong	19 10:00 Leon Mann General Store	20 10:00 Healthy Eating For the Holidays 9:00 Poker Lessons 12:00 Poker Game 12:00 Scrabble	21 10:00 Grace Christian School Singers 9:30 NC Works Career	22 10:00 Christmas Celebration 8:30 Happy Feet Walking Club
25 CLOSED	26 CLOSED	27 CLOSED	28 	29 8:30 Happy Feet Walking Club

DAILY DROP-IN ACTIVITIES
Available 8:00am to 4:30pm (unless otherwise noted)

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|-----------------------|----------------|------------------------|---------------------------|
| Billiards | Library | Jigsaw Puzzles | Pinochle |
| Stretchercise | Computer Lab | Fitness Center | Senior Center Orientation |
| Table Games | Cornhole | Indoor-Outdoor Walking | Outdoor Sports |
| Drop-In Coffee/Social | Gaming Systems | Bikes – Free Rental | |

Lunch 11:30 (Must be pre-registered)

Please visit our Facebook page and see how much fun we have!

www.facebook.com/leonmannseniorcenter

***Wednesday 10:00 AM Senior Sing free Conference Call dial 1-425-436-3658 – Access Code 519638#**



LEON MANN, JR. ENRICHMENT CENTER
3820 GALANTIS DRIVE, MOREHEAD CITY, NC 28557
(252) 247-2626

OPERATION HOURS: MONDAY – FRIDAY 8:00 AM – 5:00 PM