



April 2026

ACTIVITIES SCHEDULE- Calendar subject to change without notice-rev 3.26.26

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>EVERY WEEK</p> <p>8:30 Pinochle</p> <p>8:30 Happy Feet Walking Club</p> <p>9:00 Group Fitness</p> <p>10:15 WooBall</p> <p>11:00 Flexercise</p> <p>12:00 Chair Volleyball</p> <p>12:30 Bridge-Celebrity</p> <p>1:00 Group Fitness</p>	<p>EVERY WEEK</p> <p>9:00 Bridge-The Sands</p> <p>8:30 Tai Chi for Arthritis</p> <p>9:15 Intdm. Tai Chi</p> <p>9:00 Twisted Sisters</p> <p>10:15 Stretcherise</p> <p>10:30 Yoga(pre-register\$)</p> <p>12:30 Bridge-Carteret</p> <p>1:00 BINGO</p> <p>4:30 ZUMBA Gold (\$)</p>	<p>EVERY WEEK</p> <p>8:30 Pinochle</p> <p>9:00 Group Fitness</p> <p>9:30 Arts & Crafts* </p> <p>10:15 Stretcherise</p> <p>10:30 Senior Sing * </p> <p>10:30 Chair Yoga</p> <p>11:00 Flexercise</p> <p>12:00 Chair Volleyball</p> <p>1:00 Group Fitness</p>	<p>EVERY WEEK</p> <p>8:30 Tai Chi for Arthritis</p> <p>9:15 Intermediate Tai Chi</p> <p>9:00 Twisted Sisters</p> <p>10:00 Bible Study* </p> <p>10:15 Stretcherise</p> <p>10:30 Chair Yoga</p> <p>12:00 Bridge – Chicago</p> <p>4:30 ZUMBA Gold (\$)</p>	<p>EVERY WEEK</p> <p>8:30 Pinochle</p> <p>8:30 Sea Steppers Line Dancing</p> <p>9:30 BINGO</p> <p>11:00 Flexercise</p> <p>12:30 Bridge – Friendly</p>
		<p>1</p> <div style="text-align: center;">  </div> <p>10:00 Easter Celebration </p> <p>12:00 Poker Game</p> <p>12:00 Scrabble</p> <p>12:00 Canasta</p>	<p>2</p> <p>9:30 Diabetes Prevention Program (Pre-reg HD)</p> <p>10:00 Bingocize</p> <p>11:30 Powerful Tools for Caregivers (Pre-reg)</p>	<p>3</p> <p style="text-align: center; color: purple;">CLOSED</p> <div style="text-align: center;">  </div>
<p>6</p> <p>9:00 Blood Pressure Checks & CHC Health Screenings</p> <p>10:00 General Store</p> <p>1:00 Mah Jong</p>	<p>7</p> <p>10:00 Bingocize</p> <p>10:00 Leon Mann General Store</p>	<p>8</p> <p>8:30 Fall Prevention Seminar</p> <p>10:00 Microsoft Word (Pre-reg)</p> <p>10:00 Omaha Poker Lesson</p> <p>12:00 Poker Game</p> <p>12:00 Scrabble</p> <p>12:00 Canasta</p>	<p>9</p> <p>9:30 Diabetes Prevention Program (Pre-reg HD)</p> <p>10:00 Bingocize</p> <p>12:00 Mex Train Dominoes</p>	<p>10</p> <p>9:00 Senior Happenings</p> <p>1:15 Coastal Beats Cardio Drumming</p>

13 9:00 Pictionary 9:30 Field Trip- Maritime Museum (\$Pre-Reg) 10:00 General Store	14 10:00 Bingocize 10:00 Leon Mann General Store	15 10:00 Microsoft Excel (Pre-reg) 10.00 Omaha Poker Lesson 12:00 Poker Game 12:00 Scrabble 12:00 Canasta	16 9:30 Diabetes Prevention Program (Pre-reg HD) 11:30 Powerful Tools for Caregivers (Pre-reg)	17 1:15 Coastal Beats Cardio Drumming 7:00 Friday Night Dance
20 10:00 General Store 1:00 Mah Jong	21 10:00 Bingocize 10:00 Leon Mann General Store	22 10:00 Intro to AI (Pre-reg) 10.00 Omaha Poker Lesson 12:00 Poker Game 12:00 Scrabble 12:00 Canasta	23 9:30 Diabetes Prevention Program (Pre-reg HD) 10:30 Volunteer Appreciation 🎉 11:30 Powerful Tools for Caregivers (Pre-reg) 12:00 Mexican Train Dominoes 12:00 Cancer Prevention Seminar-HD 📺	24 12:00 CCA Resident Advisory Board Meeting 1:15 Coastal Beats Cardio Drumming
27 9:00 Pictionary 10:00 General Store	28 10:00 Bingocize 10:00 Leon Mann General Store 12:00 Book Club 📺	29 10.00 Omaha Poker Lesson 12:00 Poker Game 12:00 Scrabble 12:00 Canasta	30 9:30 Diabetes Prevention Program (Pre-reg HD) 10:00 Bingocize	

Daily Drop in Activities Available 8:00 AM - 4:30 PM Unless Otherwise Noted: Billiards, Bags/Cornhole, Library, Computer Lab, Gaming Systems, Jigsaw Puzzles, Fitness Center, Indoor & Outdoor Walking, Table & Card Games, Outdoor Sports, Orientation and Tours of the Center

Breakfast 8:00-9:30 & Lunch 11:30 (Must be pre-registered for lunch -see a staff member)

Please follow our Facebook page and see how much fun we have!

<https://www.facebook.com/CarteretCountySeniorServices/>

* 📺 Available at the center and virtually with Zoom- email Melanie.Reed@carteretcountync.gov at least 24 hrs in advance for each event weekly. For Arts & Crafts, please email a week in advance. Add “**ZOOM**” in the email subject line 📺*

LEON MANN, JR. ENRICHMENT CENTER
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OPERATION HOURS: MONDAY – FRIDAY 8:00 AM – 5:00 PM

FITNESS ROOM EXTENDED HOURS: TUES & THURS 7:00 AM-7:00 PM

