

# CARTERET COUNTY DEPARTMENT OF HUMAN SERVICES

**Cindy P. Holman**  
Consolidated Human Services Director  
cindy.holman@carteretcountync.gov



**Clinton W. Lewis**  
DSS Director  
Consolidated Human Services Deputy Director  
clint.lewis@carteretcountync.gov

**Stephanie M. Cannon, MPA**  
Health Director  
Consolidated Human Services Deputy Director  
stephanie.cannon@carteretcountync.gov

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For Immediate Release

Contact: Jaime Long  
252.728.8454  
[jaime.long@carteretcountync.gov](mailto:jaime.long@carteretcountync.gov)

## **Carteret County COVID-19 Second Case of COVID-19 Confirmed Press Release #18**

**Beaufort, NC** - A second case of Novel Coronavirus (COVID-19) has been confirmed in Carteret County. This individual was tested for COVID-19 on Friday, March 13 and confirmation of a positive COVID-19 test result was received by a local healthcare provider on Friday, March 20. This individual is in isolation and recovering at home at this time.

Based on a thorough contact investigation, Carteret County Health Department's Communicable Disease staff has determined there is no identifiable increased risk of exposure to any members of the public. To protect the individual's privacy, no further information will be released.

"Given the spread of COVID-19 across North Carolina, we are not surprised to receive another COVID-19 case. We continue to recommend everyone practice social distancing and employ preventive measures to reduce the spread of illness in Carteret County," states Stephanie Cannon, Carteret County Health Director.

Preventive measures include frequently washing your hands with soap and water for at least 20 seconds; staying home when you are sick; covering your coughs and sneezes with a tissue and discarding the tissue immediately; and, avoiding touching your eyes, nose, and mouth with unwashed hands.

If you think you may have been exposed to COVID-19 and develop a fever and respiratory symptoms, such as cough or shortness of breath, call your healthcare provider for medical advice first. If you do not have a healthcare provider, contact the Carteret County Health Department at 252-728-8550. If you are experiencing a medical emergency, please call "911."

People who are mildly ill with COVID-19 are able to recover at home, according to the CDC. But for others, including older adults and those who have underlying health issues, such as heart disease, lung disease, or diabetes, or those with a weakened immune system, it can cause more severe illness, including pneumonia. Symptoms may appear two to 14 days after exposure.

For more information on COVID-19, please visit: <https://www.ncdhhs.gov/divisions/public-health/coronavirus-disease-2019-covid-19-response-north-carolina> or <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>.

Citizens can also call the Carteret County Citizens Call Center at 252-726-7060, Monday – Friday, 8:00 am – 5:00 pm to speak with a County operator to answer their questions.

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Department of Social Services — 210 Craven Street • PO Box 779 • Beaufort, NC 28516  
Tel (252) 728-3181 / Main Fax (252) 648-7462 / Legal Unit Fax (252) 648-7463

Public Health Department — 3820-A Bridges Street • Morehead City, NC 28557  
Main Office — Tel (252) 728-8550 / Fax (252) 222-7739

Environmental Health — Tel (252) 728-8499 / Fax (252) 222-7753  
Animal Control — Tel (252) 728-8585 / Fax (252) 222-5823

