

CARTERET COUNTY DEPARTMENT OF HUMAN SERVICES

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For Immediate Release

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Carteret County COVID-19 Carteret County Confirms Additional Cases of Novel Coronavirus Press Release #27

Carteret County, NC – On March 30, 2020, the Carteret County Health Department received a report of four additional COVID-19 confirmed cases in Carteret County making the current total case count at eleven. The Carteret County Health Department continues to diligently manage this evolving situation by conducting the appropriate public health follow-up with individuals testing positive and completing contact tracing for individuals who may have had close contact with the confirmed cases.

According to the Centers for Disease Control and Prevention (CDC), most people who get COVID-19 will recover without needing medical care. For that reason, people who think they have COVID-19 showing mild symptoms such as fever and cough without shortness of breath or difficulty breathing are encouraged to isolate themselves at home, separate themselves from others within the household as much as possible, and call their medical provider for advice.

It is extremely important for people at higher risk of getting sick with COVID-19 to call their medical provider if they develop symptoms of fever or cough. High-risk individuals include:

- Are 65 years or older;
- Live in a nursing home or long-term care facility
- Have compromised immune systems
- Severe obesity-body mass index of 40 or higher
- Other underlying medical conditions, particularly if not well controlled, such as diabetes, renal failure or liver disease.
- People who are pregnant should be monitored since they are known to be at risk for severe viral illnesses.

For individuals with more serious or worsening symptoms, please call your medical provider or 911 immediately. Those symptoms include worsening shortness of breath, difficulty breathing, chest pain or pressure, confusion, or blue lips.

For more information on COVID-19, please visit www.ncdhhs.gov or call the Citizen's Inquiry Hotline at 252-726-7060.

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