

COUNTY OF CARTERET
DEPARTMENT OF EMERGENCY SERVICES

Office 252-222-5841
Fax 252-222-5848



3820 Bridges Street, Suite D
Morehead City, NC 28557
www.facebook.com/CCES7

HURRICANE PREPAREDNESS CHECKLIST

Add these items for Hurricane Season 2020 – to avoid the spread of Covid-19:

- Face coverings / masks
- Hand Sanitizer
- Disinfectant Wipes

Items Needed for Emergency Hurricane Preparedness Kit:

- Water - 1 gallon per person per day for 3 to 7 days
- Food – non-perishable and canned food supply for 3 to 7 days
- Battery-powered or hand crank radio and National oceanic and Atmospheric Administration (NOAA) Weather Radio with extra batteries
- Cell phone with charger
- First aid kit and first aid book
- Flashlight and extra batteries
- Manual can opener for food
- Wrench or pliers to turn off water
- Blanket or sleeping bag – 1 per person
- Prescription medications and glasses
- Seasonal change of clothing, including sturdy shoes
- Toothbrush, toothpaste, soap, feminine supplies
- Extra house and car keys
- Important documents – insurance policies, copy of driver's license, Social Security card, bank account records
- Fire extinguisher
- Cash and change
- Books, games or cards

For Baby:

- Formula
- Bottles
- Diapers
- Baby Wipes
- Pacifier
- Soap / Baby Powder
- Clothing
- Blankets
- Canned Food and Juices

For Adults:

- Contact Lenses and Supplies
- Extra Eye Glasses
- Dentures

For People with Functional Needs:

- Container for hearing aid/cochlear implant processor (to keep dry)
- Extra batteries for hearing aid / cochlear implant
- Communication card explaining best way to communicate with you

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Basic First Aid Kit:

- Two pairs of latex or other germ-free gloves (if you are allergic to latex)
- Germ-free bandages to stop bleeding
- Cleansing agent/soap and antibiotic towels
- Antibiotic cream
- Burn cream
- Adhesive bandages in a variety of sizes
- Eye wash solution to flush the eyes
- Thermometer
- Prescription medications you take every day such as insulin, heart medicine and asthma inhalers. You should periodically rotate medicines to account for expiration dates.
- Prescribed medical supplies such as glucose and blood pressure monitoring equipment and supplies
- Scissors
- Tweezers
- Tube of petroleum jelly or other lubricant

Non-Prescription Drugs:

- Aspirin or non-aspirin pain reliever
- Anti-diarrhea medication
- Antacid
- Syrup of Ipecac (use to induce vomiting if advised by the Poison Control Center)
- Laxative
- Potassium Iodide (for those who live near nuclear plants; use only as ordered by the State Health Director)

Pets:

- Canned or dry pet food
- Water for 3 to 7 days
- Food dishes
- Muzzle, collar and leash
- Immunization records
- Identification tag (should contain pet name and phone number)
- Current photos of your pets in case they become lost
- Medicine your pet requires
- Pet beds and toys
- Pet carrier
- Proper fitting muzzle